Bridlemile Friday Flyer

NOVEMBER 18, 2022

IMPORTANT DATES TO REMEMBER:

11/21-22: NO SCHOOL, Parent Teacher Conferences
11/23-25: NO SCHOOL, Fall Break and Thanksgiving
12/3-4: Foundation Tree Sale & Pancake Breakfast
12/13: PTA Board Meeting
12/19: NO SCHOOL, Winter Break Begins
1/3/2023: School Resumes
1/16/2023: NO SCHOOL, Dr. Martin Luther King day

BRIDLEMILE ELEMENTARY SCHOOL WEBSITE

All Friday Flyer messages are archived on the Bridlemile elementary school website.

5TH GRADE LEADERSHIP FOOD DRIVE

We are collecting food through Monday, November 21st. We are packaging food for delivery to the <u>Neighborhood House Food Pantry</u> on Tuesday, November 22nd.

Thank you, everyone, for your generosity!

Food Drive!



BRIDLEMILE NEWS

Dear Bridlemile Families,

On behalf of our Bridlemile staff, I'd like to thank you for your partnership, kindness, and generosity as we build community together. Thank you for sharing your children with us-our Beagles are curious, funny, thoughtful young individuals, and we are fortunate to have this opportunity to be part of their learning journey.

We look forward to welcoming you in for Parent/Caregiver/Teacher Conferences next week. Our staff have been busy preparing student work to show you and are eager to meet you and talk with you about your child's progress. Please take some time to look at student work and art decorating our hallways too!

We are grateful for our families-you devote time, talent, and resources to supporting our work with our Beagles! Your kindness energizes us. Thank you in advance for the lunch hosted by PTA during conferences. To all our Beagle families, we wish you a wonderful Fall Break!

With appreciation, Katherine

OHSU COVID-19 Screening Program

A reminder that there will be no **OHSU COVID-19 Screening Spit Specimen collection** during Thanksgiving week (November 22nd-24th).

Cold and Flu Season

We have sniffly noses and coughs going around. Some tips from the Multnomah Health Department:

• Avoid sharing food, drinks & eating utensils.

- Avoid touching the face.
- Practice good hand hygiene and respiratory etiquette.
- Get the seasonal flu vaccine, & COVID-19 booster.
- Stay home when experiencing symptoms of illness.
- Check symptom-based exclusion guidelines.
- If experiencing mild symptoms that are not excludable, consider wearing a mask in indoors.

Bridlemile Garden Butternut Squash Served at Lunch

This week, local butternut squash was used to prepare Harissa Roasted Butternut Squash, a recipe created by Chef Nephi Craig, White Mountain Apache and Diné (Di Nay), for the Indigenous Peoples Workgroup. The recipe is linked <u>here</u>.

Parent Teacher Conferences

Conferences are Monday & Tuesday November 21 & 22. If you are scheduled for a virtual meeting please refer to communication from your classroom teacher for your meeting link.

Creating a partnership with your child's teacher around your child's learning can make a big difference. Here is a link for some helpful tips to consider when attending parent/teacher conferences: <u>PPS Parent/Teacher Conferences</u>

Support for Families

As Fall and Winter Break approach, we are compiling resources for families. Here is a <u>condensed list of resources</u> compiled by PPS Funded Programs, including Mental Health Resources, Food Pantries/Banks, Housing/Shelters, and Clothing Resources.

- Included <u>this folder</u> are fliers with information about specific Food Box resource options available over Fall Break and Winter Break from <u>Sunshine Division</u>.
- The <u>PPS McKinney Vento Resource Page</u> has more resources for families.
- You can always reference the <u>ppsfamilysupports.com</u> for additional resources.

Winterhaven School Information Night

For those families who are interested in attending Winterhaven School's information night during the Middle School/High School Transfer Cycle, there is a date correction for one of their informational meetings. The correct dates for the information nights are:

- Thursday, December 1 from 5:30 pm to 7 pm
- Thursday, December 8 from 3:30 pm to 5 pm

Please continue to refer to <u>Winterhaven's website</u> up until the informational dates as dates and times can change. If you have any questions, please contact Winterhaven School at 503-916-6200.

SafeOregon Program

Since September 2017, Portland Public Schools has been encouraging its community to utilize the SafeOregon tip line to report unsafe situations including threats of violence, fights, drugs and alcohol, weapons, bullying, harassment, intimidation, or self-harm. All tips reported through SafeOregon are immediately routed to a tip line technician 24/7.

SafeOregon was funded by the Oregon Legislature as part of a statewide effort to improve school safety. The tip line provides a secure means for a person to anonymously report suspicious or imminently unsafe situations.

Anyone, from students to parents to community members, can access the system in a variety of ways, including:

- The "Report unsafe behavior" button found on every PPS school's website
- The <u>SafeOregon website</u>
- A live call/text (844-472-3367)
- An email to <u>tip@safeoregon.com</u>
- The mobile app that can be downloaded from your smartphone via iTunes or GooglePlay

SafeOregon Brochures:

- <u>SafeOregon English</u>
- <u>SafeOregon Spanish</u>
- <u>SafeOregon Vietnamese</u>
- <u>SafeOregon Chinese</u>
- <u>SafeOregon Russian</u>
- <u>SafeOregon Somali</u>

Student Meal Account Balances and Payments

The Nutrition Services team is so thankful to see and serve so many students this year. To help communicate meal account balances to families, the Nutrition Services department will be sending notifications and friendly reminders to families whose student's meal account no longer has funds on it to purchase school meals.

Remember, families may <u>apply for free or reduced price meals</u> at any time throughout the school year and must apply every year to maintain eligibility.

We recommend that families continuously check their student account balances. All families can check their account balances online with <u>SchoolCafe</u> at any time (and there is no charge to view your accounts). The school kitchen teams and the NS central office are also happy to assist with checking account balances and status.

Families have the following options to pay for school meals:

- 1. Pay as you go: Bring cash or check (payable to Portland Public Schools) directly to the cafeteria or school office.
- 2. Prepay for meals with cash or check (payable to Portland Public Schools) in the cafeteria*. Funds will be deposited into the student meal account. Purchases will be deducted from the account balance.
- 3. Pay with a debit/credit card using SchoolCafe, a secure online meal payment system. NOTE: There is a minimum payment of \$15 and a 5% fee per online transaction.

New District Approved Fliers

 City of Portland <u>311 Non-Emergency Hotline</u> (<u>Spanish</u>) (<u>Vietnamese</u>) (<u>Chinese</u>) (<u>Russian</u>) (<u>Somali</u>)

- City of Portland <u>311 Non-Emergency Hotline</u> (Spanish) (Vietnamese) (Chinese) (Russian) (Somali)
- Vibe of Portland November No-School Workshops (UPDATED Nov. 8)
- Oregon State University <u>Summer Reading Program 2023</u>
- Multnomah Early Childhood Program Preschool Classes
- Kaiser Permanente CASCADIA COVID-19 screening study (<u>English</u>) (<u>Spanish</u>) (<u>Russian</u>) (<u>Amharic</u>) (<u>Chinese</u>) (<u>Vietnamese</u>)
- PSU Sonic Arts and Music Production Academy, sessions starting Oct. 19 (updated)
- Oregon Health Insurance Marketplace <u>Open Enrollment, Nov. 1 Jan. 15</u> (contact <u>Enedina Lopez Paz</u> if you'd like hard copies for your school)
- Vibe of Portland 2022-23 Art Camps & Classes
- Multnomah Early Childhood Program 2022-23 (English) (Spanish)
- Portland Parks & Recreation Preschool <u>2022-2023 Registration</u>

PTA AND FOUNDATION NEWS

Read all about what is happening with the PTA and Foundation and how you can help Bridlemile school! Click the Bridlemile PTA and Foundation Website button below.

CLICK HERE FOR BRIDLEMILE PTA AND FOUNDATION WEBSITE



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